

## **REFLECTION: HOW HAS JESUS SERVED YOU?**

Before the disciples had anything to offer the world, they needed to first be served. Transformation comes as we receive Jesus' love and service for us, strengthen our attachment to Him, and begin serving others as an overflow of that love. Part of how we are formed into a servant like Jesus is through our service to others. Serving others doesn't necessarily take a lot of training before we act. The Spirit uses our obedience to do the work of actually forming us more and more into a servant like Jesus as we serve.

With that said, this week's practice is all about reflection. As we considered in Citizens Communities this week, we must first receive Jesus' service to us before we can truly go and serve others from a loving heart.

So, set aside 15-30 minutes this week to reflect specifically on how Jesus has tangibly served you. Remember that one way that Jesus serves us is through his body, the church. As you consider ways that Jesus has served you, think about how he has served you through other people who follow him.

Find a quiet time in the morning, evening, or maybe on a lunch break. All you will need is some space and a way to write down what you notice. Follow the prompts below to help you reflect:

### **1) What did you need?**

Reflect on your story. What have been your greatest spiritual needs, physical needs, emotional needs, relational needs? Write down the ones that stand out most to you.

### **2) How has Jesus served you?**

How has Jesus served you in your need? How did He provide? How did He meet your need through his people? Start with how He has met your ultimate need for forgiveness and continue to reflect on other ways Jesus has served you. It's also okay, and important, to be honest about needs that you're praying for Jesus to meet and yet remain unmet. Be as specific as you can be.

### **3) What was it like for you to receive Jesus' service to you? How do you feel as you reflect on Jesus serving you?**

Was it hard? Easy? Did you feel resistance within yourself, like Peter? What feelings arise as you recall how Jesus has sacrificially served you? It's okay to feel conflicting emotions (i.e. both humbled and exalted or guilty and grateful).

We will process what came up for us in this reflection together when we meet in Huddles on April 20 or April 21 (the week after Holy Week).